

Sports, Martial Arts and Charities

Introduction

Sports and martial arts groups help their local community with health, fitness and confidence as well as many other things. It is always good to support charities and show you also have disabled people in your membership. Although it is illegal to discriminate against anyone for their disability, race age or colour etc we also have a duty of care to ensure they are safe when we teach them. Everyone has the right to what ever sport or martial art we teach. Hopefully your club will provide membership for everyone without discrimination etc.

Registered and Unregistered Charities

There are many different charities some are registered which means they have a charity number. If they have a charity number they are accountable and have registered their activities with the government. Many unregistered charities and activities end up with a registered charity eventually. This can be for various reasons. A popular reason is that an individual is inspired to do fundraising because of the loss of a loved one or an individual who has had a traumatic experience with another. This type of inspiration is responsible for a lot of money coming in to many different charities.

Choosing a charity to support

There are so many charities they all need your help, but most of us haven't the resources to help them all. In the market place the different charities provide a choice for you. No one can tell you which one is best or who you should support its your choice.

Helping community members

Within every local community there are disadvantaged people who may need support for various reasons from disabilities through and range of issues from crime to various types of abuse. Charities and government support may be limited because individuals to qualify for a grant or assistance need some of their own money and if they cant afford it or don't meet the criteria the get nothing. It is a way the charities or government can make the money go further but the neediest sometimes lose out.

Choosing a community member to support

Many clubs fund raise or kick of fundraising so individuals benefit and qualify for grants and support. The choice is yours and a little more complex than just jiving to a doorstep charity or charity collection box. By supporting a community member you will also find it much more rewarding. Before you do anything you must talk to the individual concerned, their carers or parents and ensure what you have in mind meets with their approval.

Prime position

If you run a local sports or martial arts club you are in a position to actively help individual members of the community and fund raise for medical equipment or appliances that will help them through their daily life. Support from your members means you can organise activities and work with the local newspapers and radio on community action projects. Primarily the neediest have your support that makes a real difference and additionally you have a media presence that gives your local community awareness about your club which increases your membership numbers. Community action and media go hand in hand and work well when local club help keep children away from drugs and in a safe environment and adults lead healthier lifestyles.